

Koen Willems

Curriculum vitae

- 2009 – now Physiotherapist and trainer at RunningBarcelona.com and Runnersworld, Barcelona Spain
- 2009 – now Physical & cognitive personal trainer and expert company health at PhyMen Coach, Barcelona, Spain
- 2006 – 2008 Developer / trainer cognitive pain management programme chronic back pain at Real Health NL Nijmegen, the Netherlands
- 2005 – 2008 Coordinator / Running trainer e.g. for obesity, stressed mothers and ex-patients at Sint Maartenskliniek, Running Support and University all in Nijmegen, the Netherlands
- 2004 – 2007 Project manager and trainer occupational health including physical and mental assessment, workplace visits at ICARA Sint Maartenskliniek Nijmegen, the Netherlands
- 2004 – 2007 Project manager & physiotherapist multidisciplinary programmes (obesity, start to run, burn-out) at Sports Medical Centre Sint Maartenskliniek Nijmegen, the Netherlands
- 2003 – 2005 Selection and distribution of devices to people with a physical handicap at Municipality Oss, the Netherlands
- 2001 – 2002 Manager and trainer of in-company vocational training at call centre including presentations in English and German at Mercedes-Benz Maastricht, the Netherlands
- 2001 – 2002 Trainer hydrotherapy for asthma patients at Astmastichting, Maastricht, the Netherlands
- 2001 – 2002 Host at Gym & Sauna at Health club NH-hotel, Maastricht, the Netherlands
- 2001 Personal physiotherapist television-shows Big Diet and Domino-day at Endemol productions, Maastricht, the Netherlands

- 2000 – 2003 Health Sciences, Master in chronic pain and job rehabilitation, University Maastricht, the Netherlands
- 1999 – 2003 Physiotherapist as interim work in private practices physical therapy, the Netherlands
- 1999 - 2000 Physiotherapist revalidation for kids with psychical and mental handicap at school for special education (VSO) Werkenrode, Groesbeek, the Netherlands
- 1999 Physiotherapist revalidation, trauma, orthopaedics and neurology at Glenrose Rehabilitation Hospital, Edmonton, Canada
- 1998 Psychology: courses clinical psychology, Katholieke Universiteit Nijmegen, the Netherlands
- 1995 – 2000 Physiotherapy, Hogeschool Arnhem en Nijmegen, the Netherlands

Additional courses followed:

- 2008 Spine congress, Keele, UK
- 2007 Spine congress, Helsinki, Finland
- 2007 Obesity-congress, Lisbon, Portugal
- 2006 Training in chronic back pain management programme, Real Health, London, UK
- 2006 Training Graded Activity for chronic pain, Ergo Optima, Rosmalen, The Netherlands
- 2006 Obesity-congress, Rotterdam, the Netherlands

Voluntary work

- 2002 – 2004 Medical and general counsellor Victory camp, summer camps for obese kids, Victory for Life, Utrecht, the Netherlands
- 1995 – 1997 Counsellor from CampCounsellorsUSA at YMCA-summer camp in Pescadero, California, U.S.A

Special activities during work

- 2008 Speaker at Spine congress, Keele, UK
- 2006 Speaker at obesity congress Rotterdam, the Netherlands
- 2002 Speaker at work & health congress, Maastricht, the Netherlands

Special activities during education

- 2001 Board member of international student soccer tournament (BART), Maastricht, The Netherlands

- 1999 Nominated student/employee of the year Hogeschool Arnhem en Nijmegen ('van Bruggheprijs'), Nijmegen, The Netherlands
- 1997- 1999 Chairman faculty-committee physical therapy, Nijmegen, The Netherlands
- 1997- 1998 Board member Studentsports council University (NSSR) fulltime, Nijmegen, the Netherlands
- 1996- 1997 Board member of student society physical therapy, Nijmegen, the Netherlands

Memberships:

- 2000 Register of health professionals the Netherlands BIG number 99054561104
- 2000 Member of community of physiotherapists the Netherlands (KNGF)